

USABLE

IS YOUR ACTIVITY TAILORED TO THE PARTICIPANTS? THINK ABOUT AGE, GENDER, SPORTING LEVEL, MEDICAL, AND PSYCHOLOGICAL SITUATION.

GOOD EXAMPLES

An initiative offers training sessions tailored to participants sporting level. For instance, they can choose between beginner and advanced levels, or between a more relaxed and intense training.

An initiative organises an activity for people in good physical condition. First, they must take a test. Participants who do not score well on the test receive one-on-one training. This to ensure participants can safely join the group. Once they achieve a satisfactory score, participants may join the group activity.

Social-sportive initiators develop profiles of the target audience by collecting all possible characteristics and traits of the various groups. During a community meeting, they assess whether there is at least one activity that caters to each group and explore how any gaps can be addressed by collaborating with different partners.

EXAMPLES OF BARRIERS

An accessible activity attracts participants with specific needs and requests, such as young adults, people with disabilities, individuals with a migration background, or seniors. For this, an initiative needs knowledge and experience, such as administrative expertise or experience with pedagogical and didactic frameworks. This expertise is not always available.

Do you have an activity that is accessible to groups in vulnerable situations or with specific needs? Then you might no longer attract other groups. They may feel less engaged with the activities or may not feel at home in the initiative.

THINK ABOUT THESE QUESTIONS.

Do you tailor your activities based on the age, gender, sporting level, and the medical and psychological situation of the participants?

To what extent do you consider the physical usability and/or challenge of activities?

How much do you take into account the impact of the presence of certain target groups on other target groups?

Which partners have the knowledge and experience that you need? Think of administrative knowledge or experience with pedagogy and education.

Is there a list of all activities for all target groups in the neighbourhood or community? Who could make such list?

WRITE YOUR ANSWERS AND IDEAS HERE.

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